

# SIR FREDERIC OSBORN SCHOOL - SPORTS LEADERSHIP ACADEMY

## Introducing the Leadership Academy

The Leadership Academy, formed 2 years ago, provides leadership opportunities for Year 8 students all the way up to sixth form. Whether that is representing Sir Frederic Osborn School as a Sports Ambassador or a Sports Leader.

Sports Ambassadors run a two year course in which they participate in two Young Ambassador Days, which is essentially leadership training days. The Ambassadors start this process in Year 9 through to Year 10 and are then able to pick up the opportunity if and when they join Sixth Form. Year 9 Silver Sports Ambassadors work in primary schools leading sports sessions and sports days. Year 10 Gold Sports Ambassadors focus on in-school leadership, leading clubs and assisting with the Year 9 Silver Ambassadors as well as Young Ambassador Day.

Students will meet our Gold Ambassadors when leading clubs, assemblies and on posters around the school. Sports Leaders also help with sports sessions and sports days, with the Ambassadors supporting them throughout.

Head of the Leadership Academy Regan Carolan and Mrs M Salter (School Games Organiser) oversee leadership in our school, including our School Games Mark, Young Ambassador Day, leader progress, team management and much more. Our key motto is 'Champions of Change.' We aim to change and improve leadership and teams within our school, which has seen a vast improvement since forming. Not to mention, making an incredible public image for the school while at events.

## Social Media



[www.facebook.com/sfoleadership](http://www.facebook.com/sfoleadership)  
*Search Sir Frederic Osborn School  
Sports Leadership Academy*



[@sfoleadershipacademy](https://www.instagram.com/sfoleadershipacademy/)



[@sfoleadershipa](https://twitter.com/sfoleadershipa)



[www.yourschoolgames.com/your-school/profile/slug/sir-frederic-osborn-school](http://www.yourschoolgames.com/your-school/profile/slug/sir-frederic-osborn-school)

Please follow the Leadership Academy on social media for news about what we are doing around the school, important notices about the clubs we are running, team successes and general student information.

In addition you can message us personally to offer suggestions on how we can do better and what you would like to see out of us. We urge all of our students and parents to follow.

Please also follow the PE Department on Twitter [@sfo\\_pe](https://twitter.com/sfo_pe) for all department information.

Facebook – [www.facebook.com/sfoleadership](http://www.facebook.com/sfoleadership)

Instagram – [www.instagram.com/sfoleadershipacademy/](https://www.instagram.com/sfoleadershipacademy/)

Twitter – [www.twitter.com/sfoleadershipa](https://twitter.com/sfoleadershipa)

Your School Games (blogging) – [www.yourschoolgames.com/your-school/profile/slug/sir-frederic-osborn-school](http://www.yourschoolgames.com/your-school/profile/slug/sir-frederic-osborn-school)

## Meet the Team

### Head of the Leadership Academy

Regan Carolan and Mrs M Salter (School Games Organiser) are Head of the Leadership Academy.

**Regan Carolan**  
Head of the Leadership Academy



**Michelle Salter**  
School Games Organiser

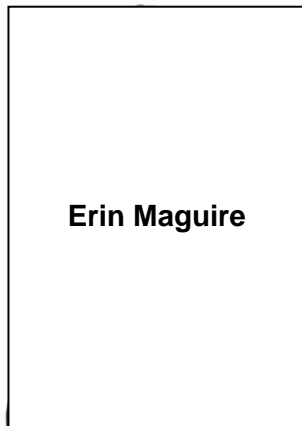


### Year 10 Gold Ambassadors

They are supported by a group of Year 10 Gold Ambassadors.



**Erin Maguire**



## Year 9 Silver Ambassadors

They are also supported by a group of Year 9 Silver Ambassadors.



### What makes a good leader?

As part of their Silver Ambassador course, the Year 9 Silver Ambassadors were asked to brainstorm what made a good leader. Here are some of their responses:

**WHAT MAKES A GOOD LEADER?**

- A good leader is someone who can share original and creative ideas.
- A good leader is PE infused and loves leadership.
- A good leader is someone who is strong minded.
- A good leader is someone who is enthusiastic and always gives 100%.
- A good leader is someone who is responsible, reliable and respectful.
- A good leader is someone who communicates well.
- A good leader is someone who is their own individual, but has the ability to work well apart of a team.
- A good leader is someone who is interactive and gets stuck in.
- A good leader is someone who is committed and punctual.
- A good leader is someone who is confident.
- A good leader is someone who is a 'people's person'.

*Additional text in the infographic: "CALCULATING SKILL", "HEALTHY AND HAPPY", "COMMUNICATING", "PERSONALITY", "COURAGE", "CONFIDENCE", "LEADERSHIP", "RESPECT", "TEAMWORK", "GOOD COMMUNICATIONS", "GOOD FRIENDS", "GOOD PARTNERSHIP".*

## Contact us

If you have any questions or queries regarding the Leadership Academy, please do not hesitate to drop Regan a message on [Regan.Carolan@sfosborn.herts.sch.uk](mailto:Regan.Carolan@sfosborn.herts.sch.uk).