

SIR FREDERIC OSBORN SCHOOL - SPORTS LEADERSHIP ACADEMY

Introducing the Leadership Academy

The Leadership Academy, formed 2 years ago, provides leadership opportunities for Year 8 students all the way up to sixth form. Whether that is representing Sir Frederic Osborn School as a Sports Ambassador or a Sports Leader.

Sports Ambassadors run a two year course in which they participate in two Young Ambassador Days, which is essentially leadership training days. The Ambassadors start this process in Year 9 through to Year 10 and are then able to pick up the opportunity if and when they join Sixth Form. Year 9 Silver Sports Ambassadors work in primary schools leading sports sessions and sports days. Year 10 Gold Sports Ambassadors focus on in-school leadership, leading clubs and assisting with the Year 9 Silver Ambassadors as well as Young Ambassador Day.

Students will meet our Gold Ambassadors when leading clubs, assemblies and on posters around the school. Sports Leaders also help with sports sessions and sports days, with the Ambassadors supporting them throughout.

Head of the Leadership Academy Regan Carolan and Mrs M Salter (School Games Organiser) oversee leadership in our school, including our School Games Mark, Young Ambassador Day, leader progress, team management and much more. Our key motto is 'Champions of Change.' We aim to change and improve leadership and teams within our school, which has seen a vast improvement since forming. Not to mention, making an incredible public image for the school while at events.

Social Media



www.facebook.com/sfoleadership
*Search Sir Frederic Osborn School
Sports Leadership Academy*



[@sfoleadershipacademy](https://www.instagram.com/sfoleadershipacademy/)



[@sfoleadershipa](https://twitter.com/sfoleadershipa)



www.yourschoolgames.com/your-school/profile/slug/sir-frederic-osborn-school

Please follow the Leadership Academy on social media for news about what we are doing around the school, important notices about the clubs we are running, team successes and general student information.

In addition you can message us personally to offer suggestions on how we can do better and what you would like to see out of us. We urge all of our students and parents to follow.

Please also follow the PE Department on Twitter @sfo_pe for all department information.

Facebook – www.facebook.com/sfoleadership

Instagram – www.instagram.com/sfoleadershipacademy/

Twitter – [www.twitter.com/sfoleadershipa](https://twitter.com/sfoleadershipa)

Your School Games (blogging) – www.yourschoolgames.com/your-school/profile/slug/sir-frederic-osborn-school

Meet the Team

Head of the Leadership Academy

Regan Carolan and Mrs M Salter (School Games Organiser) are Head of the Leadership Academy.

Regan Carolan
Head of the Leadership Academy



Michelle Salter
School Games Organiser



Year 10 Gold Ambassadors

They are supported by a group of Year 10 Gold Ambassadors.



Erin Maguire



Year 9 Silver Ambassadors

They are also supported by a group of Year 9 Silver Ambassadors.



What makes a good leader?

As part of their Silver Ambassador course, the Year 9 Silver Ambassadors were asked to brain storm what made a good leader. Here are some of their responses:

WHAT MAKES A GOOD LEADER?

COMMUNICATIONS
CREATIVITY
CONFIDENCE
COMPASSION
CONFIDENT
COMMITMENT
COURAGE
CHARITABLE

- A good leader is someone who can share original and creative ideas.
- A good leader is PE infused and loves leadership.
- A good leader is someone who is strong minded.
- A good leader is someone who is enthusiastic and always gives 100%.
- A good leader is someone who is responsible, reliable and respectful.
- A good leader is someone who communicates well.
- A good leader is interactive and gets stuck in.
- A good leader is someone who is their own individual, but has the ability to work well apart of a team.
- A good leader is committed and punctual.
- A good leader is someone who is confident.
- A good leader is someone who is a 'people's' person.

 The central graphic is a collage. It features several small portraits of the Year 9 Silver Ambassadors interspersed with their responses in speech bubbles. There are also decorative elements: a starburst graphic in the top left with the words 'COMMUNICATIONS', 'CREATIVITY', 'CONFIDENCE', 'COMPASSION', 'CONFIDENT', 'COMMITMENT', 'COURAGE', and 'CHARITABLE'; a group of colorful figures holding hands in a circle; and a red figure standing in front of a grey crowd of figures at the bottom right.

Contact us

If you have any questions or queries regarding the Leadership Academy, please do not hesitate to drop Regan a message on Regan.Carolan@sfosborn.herts.sch.uk.